

June 2026

Ector Co. Eld. Nutrition
1225 N. Adams-Odessa
(432)337-5281

Due to availability of food, menu is subject to change

Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

\$3.00 Suggested
Meal Donation

Monday	Tuesday	Wednesday	Thursday	Friday
1 BBQ Beef Patty Mac & Cheese Italian Mixed Veggies Yogurt Cake Tea/Milk	2 Grilled Chicken Parm Pasta CA Mixed Vegetables Salty Snack Fruit Tea/Milk	3 Beef Fajitas Spanish Rice Refried Beans Harvest Nuts Pie Tea/Milk	4 Meatloaf Ketchup Mashed Potatoes 5 Way Mixed Veg. Apple sauce Cookie Tea/Milk	5 Alfredo Chicken Strip Buttered Corn Broccoli Florets Granola Bar Lemon Square Tea/Milk
8 Italian Chicken Breast Vegetable Rice Italian Green Beans Cookie Jello Tea/Milk	9 Green Chili BF Strips Scalloped Potatoes Broccoli & Carrots Salty Snack Brownies Tea/Milk	10 Beef Chopped Steak Mashed Potatoes 5 Way Mixed Vegetables Chex Mix Sherbert Tea/Milk	11 Jamaican Chicken White Hominy Green Bean & Tomato Cheez its Cake Tea/Milk	12 Teriyaki Meatballs White Rice Prince WM Vegetable Muffins Fruit Tea/Milk
15 Honey Dijon Chicken Wild Rice CA Mixed Vegetables Yogurt Grama Cookie Tea/Milk	16 Meatloaf-Brown Gravy Au'Gratin Potatoes Green Beans Apple Sauce Oreos Tea/Milk	17 Chicken Fajitas Spanish Rice Refried Beans Granola Bar Cake Tea/Milk	18 Sweet N Sour Chicken Red Skin Mashed Pot Sugar Snap Peas Fuit Cup Rice Krispy Tea/Milk	19 Spaghetti Salad Corn String Cheese Pudding Tea/Milk
22 Ground Beef & Zucchini Dinner Roll 5 Way Mixed Veggies Granola Bar Cake Tea/Milk	23 Nachio Chicken Breast Spanish Rice Black Beans Cookie Jello Tea/Milk	24 Cheeseburger Baked Beans Buttered Corn Scooby Snacks Pudding Tea/Milk	25 Cajun Chicken Strips White Rice Okra & Tomatoes Cheez its Lava Cake Tea/Milk	26 Sliced Beef Brisket Rice Pilaf Green Cabbage Peanut Butter Cracker Pie Tea/Milk
29 BBQ Chicken Breast Mac & Cheese Corn & Green Beans Muffins Jello Tea/Milk	30 General Tso's Meatball White Rice CA Mixed Vegetables Salty Snack Lemon Square Tea/Milk	JULY 1ST Green Chili Pulled Pork RedSkin Mashed Pot 5 Way Mixed Veggies Ice Cream Brownie Tea/Milk	JULY 2ND Beef & Potato Burrito Spanish Rice Refried Beans Harvest Nuts Pie Tea/Milk	JULY 3RD Chili Dog Baked Beans Potato Salad Salty Snack Fruit Tea/Milk