

May 2026

Ector Co.Eld. Nutrition
1225 N. Adams-Odessa
(432)337-5281

Due to availability of food, menu is subject to change
Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

\$3.00 Suggested
Meal Donation

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Chicken Vera Cruz Spanish Rice Refried Beans Apple sauce Pie Tea/Milk
4	5	6	7	8
Meatloaf Marinara Mashed Potatoes 5 Way Mixed Veggies Harvest nuts Cake Tea/Milk	Sweet n Sour Chicken White Rice CA Mixed Vegetables Jello Cookie Tea/Milk	Beef Chopped Steak Scalloped Potatoes Green Beans Cheeze its Pie Tea/Milk	Southwest Chicken White Hominy Green Bean & Tomato Chex Mix Tea/Milk	Beef Strips & Peppers Rice Pilaf Peas & Carrots Yogurt Cake Tea/Milk
11	12	13	14	15
Italian Chicken Mac & Cheese Italian Green Beans Salty Snack Grandmas Cookie Tea/Milk	Smothered Beef Scalloped Potatoes Broccoli Florets Fruit Cup Brownie Tea/Milk	Sliced Sausage & Pep Diced Potatoes Green Beans Peanut Butter Cracker Cake Tea/Milk	Grilled Chicken Mashed Potatoes 5 Way Mixed Veggies Apple sauce Oreos Tea/Milk	Teriyaki Meatballs White Rice Peas & Carrots Scooby Snack Ice cream Tea/Milk
18	19	20	21	22
Honey Dijon Chicken Wild Rice CA Mixed Vegetables Jello Cookie Tea/Milk	Chicken Fajitas Spanish Rice Refried Beans String Cheese Pie Tea/Milk	Salisbury Steaks Au'Gratin Potatoes Green Beans Salty Snack Cake Tea/Milk	Cheesy Chicken Brst Red Skin Mashed Pot Sugar Snap Peas Muffins Fruit Tea/Milk	Orange Beef White Rice Broccoli & Carrots Harvest Nuts Pudding Tea/Milk
25	26	27	28	29
CLOSED FOR MEMORIAL DAY 	Chicken & Mushrooms Scalloped Potatoes 5 Way Mixed Veggies String Cheese Lemon Square Tea/Milk	Chicken & Sausage White Rice Okra & Tomatoes Yogurt Cake Tea/Milk	Cheeseburgers Baked Beans Buttered Corn Chips Cookie Tea/Milk	Sliced Beef Brisket Rice Pilaf Green Cabbage Fruit Cup Rice Krispy Tea/Milk