



# February 2026

Ector Co.Eld. Nutrition  
1225 N. Adams-Odessa  
(432)337-5281

**Due to availability of food, menu is subject to change**

Northside Center 11:30 - 12:30    Southside Center 11:00 - 12:00

\$3.00 Suggested  
Meal Donation

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Meatloaf Marinara Mashed Potatoes 5 Way Mixed Veggies Applesauce Grandma Cookie Tea/Milk	Sweet n Sour Chicken White Rice CA Mixed Vegetables Diced Pears Rice Krispy Tea/Milk	Beef Chopped Steak Scalloped Potatoes Green Beans Jello Oreo Cookies Tea/Milk	Southwest Chicken White Hominy Green Bean & Tomato Nutri Grain Bar Pudding Tea/Milk	Beef Strips & Peppers Rice Pilaf Peas & Carrots Cheez Its Apple Pie Tea/Milk
9	10	11	12	13
Italian Chicken Mac & Cheese Italian Green Beans Yogurt Banana Cake Tea/Milk	Smothered Beef Scalloped Potatoes Broccoli Florets Gardettos Brownie Tea/Milk	Sliced Sausage & Pep Diced Potatoes Green Beans Salty Snack Cookie Tea/Milk 	Grilled Chicken Mashed Potatoes 5 Way Mixed Veggies Harvest Nuts Pie Tea/Milk	Teriyaki Meatballs White Rice Peas & Carrots Applesauce Cake Tea/Milk
16	17	18	19	20
CLOSED IN OBSERVENCE OF PRESIDENTS DAY 	Chicken Fajitas Spanish Rice Refried Beans Peanut Butter Crackers Jello Tea/Milk	Salisbury Steaks Au'Gratin Potatoes Green Beans Granola Bar Pudding Tea/Milk	Cheesy Chicken Brst Red Skin Mashed Pot Sugar Snap Peas Applesauce Oreo Cookie Tea/Milk	BBQ Pulled Pork White Rice Broccoli & Carrots Yogurt Cake Tea/Milk
23	24	25	26	27
Texas Chili w/Beans Mashed Potatoes String Green Beans Salty Snack Cake Tea/ milk	Chicken & Mushrooms Scalloped Potatoes 5 Way Mixed Veggies Pudding Cake Tea/Milk	Cheeseburgers Baked Beans Buttered Corn Chips Pie Tea/Milk	Chicken & Sausage White Rice Okra & Tomatoes Cheez its Rice Krispy Tea/Milk	Sliced Beef Brisket Rice Pilaf Green Cabbage Applesauce Cake Tea/Milk
MARCH 2ND	MARCH 3RD	MARCH 4TH	MARCH 5TH	MARCH 6TH
BBQ Chicken Breast Mac & Cheese Corn & Green Beans Granola Bar Pie Tea/Milk	General TSO's Meatball White Rice CA Mixed Vegetables Harvest Nuts Cookie Tea/Milk	Italian Beef Goulash Mashed Potatoes 5 Way Mixed Veggies Fruit Cup Cookie Tea/Milk	Green Chili Pork Stew Dinner Roll Corn Peppers Cheez its Pudding Tea/Milk-	Chicken Vera Cruz Spanish Rice Refried Beans Peanut Butter Cracker Cake Tea/Milk