

# February 2026

Ector Co. Eld. Nutrition  
1225 N. Adams-Odessa  
(432)337-5281

Due to availability of food, menu is subject to change  
Northside Center 11:30 - 12:30      Southside Center 11:00 - 12:00

\$3.00 Suggested  
Meal Donation

Monday	Tuesday	Wednesday	Thursday	Friday
2 Meatloaf Marinara Mashed Potatoes 5 Way Mixed Veggies Applesauce Grandma Cookie Tea/Milk	3 Sweet n Sour Chicken White Rice CA Mixed Vegetables Diced Pears Rice Krispy Tea/Milk	4 Beef Chopped Steak Scalloped Potatoes Green Beans Jello Oreo Cookies Tea/Milk	5 Southwest Chicken White Hominy Green Bean & Tomato Nutri Grain Bar Pudding Tea/Milk	6 Beef Strips & Peppers Rice Pilaf Peas & Carrots Cheez Its Apple Pie Tea/Milk
9 Italian Chicken Mac & Cheese Italian Green Beans Yogurt Banana Cake Tea/Milk	10 Smothered Beef Scalloped Potatoes Broccoli Florets Gardettos Brownie Tea/Milk	11 Sliced Sausage & Pep Diced Potatoes Green Beans Salty Snack Cookie Tea/Milk	12 Grilled Chicken Mashed Potatoes 5 Way Mixed Veggies Harvest Nuts Pie Tea/Milk	13 Teriyaki Meatballs White Rice Peas & Carrots Applesauce Cake Tea/Milk
16 CLOSED IN OBSERVENCE OF PRESIDENTS DAY 	17 Chicken Fajitas Spanish Rice Refried Beans Peanut Butter Crackers Jello Tea/Milk	18 Salisbury Steaks Au'Gratin Potatoes Green Beans Granola Bar Pudding Tea/Milk	19 Cheesy Chicken Brst Red Skin Mashed Pot Sugar Snap Peas Applesauce Oreo Cookie Tea/Milk	20 BBQ Pulled Pork White Rice Broccoli & Carrots Yogurt Cake Tea/Milk
23 Texas Chili w/Beans Mashed Potatoes String Green Beans Salty Snack Cake Tea/ milk	24 Chicken & Mushrooms Scalloped Potatoes 5 Way Mixed Veggies Pudding Cake Tea/Milk	25 Cheeseburgers Baked Beans Buttered Corn Chips Pie Tea/Milk	26 Chicken & Sausage White Rice Okra & Tomatoes Cheez its Rice Krispy Tea/Milk	27 Sliced Beef Brisket Rice Pilaf Green Cabbage Applesauce Cake Tea/Milk
MARCH 2ND BBQ Chicken Breast Mac & Cheese Corn & Green Beans Granola Bar Pie Tea/Milk	MARCH 3RD General TSO's Meatball White Rice CA Mixed Vegetables Harvest Nuts Cookie Tea/Milk	MARCH 4TH Italian Beef Goulash Mashed Potatoes 5 Way Mixed Veggies Fruit Cup Cookie Tea/Milk	MARCH 5TH Green Chili Pork Stew Dinner Roll Corn Peppers Cheez its Pudding Tea/Milk-	MARCH 6TH Chicken Vera Cruz Spanish Rice Refried Beans Peanut Butter Cracker Cake Tea/Milk