

March 2025

Ector Co. Eld. Nutrition
1225 N. Adams-Odessa
(432)333-6791

Due to availability of food, menu is subject to change

Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

SUMMIT -Meal Provider

\$3.00 Suggested
Meal Donation

Monday

Tuesday

Wednesday

Thursday

Friday

3	4	5	6	7
Beef Stew Diced Potatoes Beans Crackers Fresh Fruit Cake Tea/Milk	Meatloaf/Brown Grvy Red Skin Mashed Potatoes Green Beans Granola Bar Yogurt Tea/Milk	Chicken Nuggets Mac & Cheese 5 Way Mixed Veggies Cheeze its Pie Tea/Milk	Green Chili Brisket Potato Salad CA Mixed Vegetables Fruit Cup Muffins Tea/Milk	Sliced Turkey Mashed Potatoes Broccoli Florets Oatmeal Pie Tea/Milk
10	11	12	13	14
Swedish Meatballs Mashed Potatoes Green Beans Harvest Nuts Cookie Tea/Milk	Grilled Chicken Parm Italian Pasta Salad Broccoli & Carrots String Cheese Muffins Pudding Tea/Milk	Hamburgers Mac Salad Lettuce & Pickles Chips Apple Sauce Rice Crispy Tea/Milk	BBQ Pulled Pork Mashed Potatoes Bacon Cabbage Granola Bar Brownie Tea/Milk	Teriyaki Chicken Rice Pilaf Ca Mixed Vegetables Fresh Fruit Cake Tea/Milk
17	18	19	20	21
Orange Glazed Beef White Rice Asian Vegetables Harvest Nuts Pie Tea/Milk 	Beef Fajitas Spanish Rice Refried Beans Muffin Pudding Tea/Milk	Grilled Chicken Burger Mac Salad Lettuce & Pickles Chips Jello Oreos Tea/Milk	Salisbury Steaks Red Skin Mashed Potatoes Potatoes Green Beans & Corn Yogurt Cake Tea/Milk	BBQ Chicken Breast Scalopped Potatoes Okra & Tomatoes Fresh Fruit Cookie Tea/Milk
24	25	26	27	28
Sausage Links (2) BBQ Pinto Beans Bacon Cabbage Fruit Cup Pie Tea/Milk	Fried Catfish Buttered Corn Green Beans Fresh Fruit Muffins Tea/Milk	Chicken Fajitas Spanish Rice Refried Beans Cheez Its Cake Tea/Milk	Beef Chopped Steak Mashed Potatoes 5 Way Mixed Veggies Apple Sauce Brownies Tea/Milk	Chicken Alfredo Italian Pasta Salad Broccoli & Carrots String Cheese Granola Bar Lemon Squares Tea/Milk
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Sliced Brisket Mac & Cheese 5 Way Mixed Veggies Granola Bar Muffin Tea/Milk				