

# February 2025

Ector Co.Eld. Nutrition  
1225 N. Adams-Odesa  
(432)333-6791

**Due to availability of food, menu is subject to change**

Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

SUMMIT -Meal Provider

\$3.00 Suggested  
Meal Donation



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

3	4	5	6	7
Sweet N Sour Chicken Rice Pilaf CA Mixed Vegetables Peanut Butter Crackers Cream Pie Tea/Milk	Meatloaf w/Marinara Mashed Potatoes Green Beans Apple Sauce String Cheese Strawberry Short Cake Tea/Milk	Hamburger Mac Salad Lettuce & Pickles Granola Bar Pudding Tea/Milk	Green Chicken Stew Diced Rosemary Pot Broccoli Florets Fruit Cup Carrot Cake Tea/Milk	Sliced Beef Brisket Potato Salad Green Beans & Corn Cheez its Fruit Cup Tea/Milk
10	11	12	13	14
Honey Dijon Chicken Wild Rice CA Mixed Vegetables Yogurt Cake Tea/Milk	Beef Chopped Steak Corn & Carrots Broccoli Florets Muffins Jello Tea/Milk	Chicken Fajitas Spanish Rice Pinto Beans Harvest Nuts Brownie Tea/Milk	Salisbury Steak Red Skin Mashed Pot Peas & Carrots Chex Mix Pie Tea/Milk	Chicken Alfredo Italian Pasta Salad Italian Green Beans String Cheese Fresh Fruit Cake Tea/Milk 
17	18	19	20	21
Orange Glazed Beef White Rice Asian Vegetables Apple Sauce Cake Tea/Milk 	BBQ Pulled Pork Mashed Potatoes Bacon Cabbage Granola Bar Pudding Tea/Milk	Bacon Cheese Burger Mac Salad Lettuce & Pickles Oatmeal Pie Yogurt Tea/Milk	Teriyaki Chicken Rice Pilaf Broccoli & Carrots Cookie Jello Tea/Milk	Swedish Meatballs Red Skin Mashed Pot Green Beans & Corn Cheez its Pie Tea/Milk
24	25	26	27	28
Grilled Chicken Parm Italian Pasta Salad 5 Way Mixed Veggies Fruit Cup Lemon Squares Tea/Milk	Fried Catfish Buttered Corn Green Beans Fresh Fruit Cake Tea/Milk	Beef Pepper Steak White Rice Italian Mixed Veggies Granola Bar Brownie Tea/Milk	Sausage Links (2) Potato Salad Green Cabbage Oreos Pudding Tea/Milk	BBQ Chicken Mashed Potatoes Peas & Carrots Oatmeal Pie Yogurt Tea/Milk
				Note: Tea & Milk will be provided with every meal