

January 2025

Ector Co.Eld. Nutrition
1225 N. Adams-Odessa
(432)333-6791

Due to availability of food, menu is subject to change

Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

SUMMIT -Meal Provider

\$3.00 Suggested
Meal Donation



Monday

Tuesday

Wednesday

Thursday

Friday

		1	2	3
		CLOSED HAPPY NEW YEAR! 	Ground Beef Stew Mashed Potatoes Green Beans Crackers Apple Sauce Cake Tea/Milk	Cajun Grilled Chicken White Rice Okra & Tomatoes Harvest Nuts Fruit Cup Tea/Milk
6	7	8	9	10
Pizza Salad String Cheese Cake Tea/Milk	Chicken Nuggets Mac & Cheese 5 Way Mixed Veggies Apple Sauce Pie Tea/Milk	Sliced Beef Brisket Baked Beans Coleslaw Granola Bar Fresh Fruit Tea/Milk	Beef Chopped Steak Mashed Potatoes CA Mixed Vegetables Rice Crispies Cheese its Tea/Milk	BBQ Chicken Breast Rice Pilaf Okra & Tomatoes Oatmeal Pie Jello Tea/Milk
13	14	15	16	17
Meatloaf w/Marinara Red Skin Mashed Pot Broccoli Florets Apple sauce Cookie Tea/Milk	Chicken & Mushroom Maccaroni Salad 5 Way Mixed Veggies Granola Bar Lemon Square Tea/Milk	Grilled Hamburgers Red Skin Potato Salad Lettuce & Pickles Jello Cake Tea/Milk	Grn Chili Pulled Pork Black Beans Coleslaw Fruit Cup Cheeze its Tea/Milk	Chicken Alfredo Italian Pasta Salad CA Mixed Vegetables Chex Mix Pie Tea/Milk
20	21	22	23	24
CLOSED MARTIN LUTHER KING JR. DAY 	Salisbury Steaks Red Skin Mashed Pot Green Beans & Corn Apple Sauce Cookie Tea/Milk	Pork Asado Spanish Rice Refried Beans Tortillas Rice Crispies Jello Tea/Milk	Chicken Casserole Corn Nuggets Peas & Carrots Fresh Fruit Oreo Cookies Tea/Milk	Orange Beef White Rice Asian Vegetables Cheeze its Cake Tea/Milk
27	28	29	30	31
Teriyaki Chicken Rice Pilaf CA Mixed Vegetables String Cheese Fruit Cup Tea/Milk	Fried Catfish Corn & Carrots Broccoli Florets BrHarvest Nuts Cake Tea/Milk	Beef Stew & Potatoes Mac & Cheese 5 Way Mixed Veggies Crackers Brownie Fresh Fruit Tea/Milk	Sausage Links (2) Mashed Potatoes Bacon Cabbage Granola Bar Lemon Square	Beef Stroganove Italian Pasta Salad Peas & Carrots Cookie Pudding Tea/Milk