

December 2024

Ector Co. Eld. Nutrition
1225 N. Adams-Odessa
(432)333-6791

Due to availability of food, menu is subject to change

Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

\$3.00 Suggested
Meal Donation

SUMMIT -Meal Provider

Monday	Tuesday	Wednesday	Thursday	Friday
2 Sausage Links (2) Mashed Potatoes Bacon Cabbage Pretzels Fruit Cup Tea/Milk	3 Beef Chopped Steaks Corn & Carrots Broccoli Florets Cookie Yogurt Tea/Milk	4 Pizza Salad Crackers String Cheese Cake Tea/Milk	5 Beef Stew & Potatoes Dinner Rolls 5 Way Mixed Veggies Cheeze Itz Pudding Tea/ Milk	6 Teriyaki Chicken White Rice CA Mixed Vegetables Fresh Fruit Pie Tea/Milk
9 Meatloaf W/Marinara Mashed Potatoes Green Beans & Corn Cookie Cake Tea/Milk	10 Green Chicken Stew Diced Potatoes Broccoli Florets Apple sauce Brownie Tea/Milk	11 Salisbury Steak W/BG Red Skin Mashed Pot Peas & Carrots Granola Bar Pie Tea/Milk	12 Grilled Chicken Brst White Rice Mixed Vegetables Harvest Nut Cake Tea/Milk	13 Sliced Beef Brisket Potato Salad Carrots & Green Beans Fresh Fruit Oatmeal Pie Tea/Milk
16 Honey Dijon Chicken Wild Rice CA Mixed Vegetables Chex Mix Fruit Cup Tea/Milk	17 Swedish Meatballs Scalloped Potatoes Green Beans & Corn Fresh Fruit Pie Tea/Milk	18 Grn Chilll Pulled Pork Black Beans Coleslaw Cookie Yogurt Tea/Milk	19 Grilled Chicken Burg Italian Pasta Salad Lettuce & Pickles Cake Granola Bar Tea/Milk	20 Mexican Style Goulash Ranch Style Beans Bell Pepper Corn String Cheese Cake Tea/Milk
23 Lasagna Salad Crackers String Cheese Pie Tea/Milk	24 CLOSED FOR CHRISTMAS 	25 CLOSED FOR CHRISTMAS 	26 Chicken Vera Cruz White Rice Broccoli & Carrots Harvest Nuts Cake Tea/Milk	27 Beef Fajitas Spanish Rice Pinto Beans Oreo Cookie Fresh Fruit Tea/Milk
30 Grilled Chicken Parm Italian Pasta Salad Broccoli Florets Cookie Yogurt Tea/Milk	31 Beef Pepper Steak White Rice Mixed Vegetables Black Eyed Peas Granola Bar Brownie	Merry Christmas 		