

November 2024

Ector Co.Eld. Nutrition
1225 N. Adams-Odessa
(432)333-6791

Due to availability of food, menu is subject to change

Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

SUMMIT -Meal Provider

\$3.00 Suggested
Meal Donation

Monday

Tuesday

Wednesday

Thursday

Friday

Monday	Tuesday	Wednesday	Thursday	Friday
				
Dec Tea, Milk & Bread will be provided with every Meal				
4	5	6	7	8
Meatloaf/Marinara Black Eyed Peas Cabbage Oreos Harvest Nuts Tea/Milk	Sweet N Sour Chicken Rice Pilaf Broccoli Florets Granola Yogurt Tea/Milk	Grilled Chicken SW Pasta Salad Lettuce & Pickles String Cheese Pie Tea/Milk	Chicken Fried Steak Mashed Potatoes Green Beans Salad Rolls Cake Tea/Milk	Ground Beef Cass. Ranch Style Beans Green Beans Muffin Pudding Tea/Milk
11	12	13	14	15
CLOSED VETERANS DAY 	Chicken Nuggets Mac & Cheese 5 Way Mixed Veggies Granola Bar Cookie Tea/Milk	Sliced Brisket Baked Beans Coleslaw Fruit Jello Tea/Milk	Beef Chopped Steak Mashed Potatoes CA Mixed Vegetables Applesauce Cake Tea/Milk	BBQ Chicken Breast White Rice Okra & Tomatoes Cheeze it Brownie Tea/Milk
18	19	20	21	22
Beef Pepper Steak Red Skin Mashed Pot Broccoli Florets Fresh Fruit Pie Tea/Milk	Chicken & Mushroom Maccaroni Salad 5 Way Mixed Veggies Crackers Grandma Cookie Tea/Milk	Grilled Hamburgers Red Skin Potato Salad Lettuce & Pickles Chips Fruit Cup Tea/Milk	Grn Chilli Pulled Pork Black Beans Coleslaw Oatmeal Pie Jello Tea/Milk	Chicken Alfredo Italian Pasta Salad CA Mixed Vegetables String Cheese Cake Tea/Milk
25	26	27	28	29
Chicken Vera Cruz Vegetable Rice Broccoli & Carrots Apple Sauce Pie Tea/Milk	Teriyaki Meatballs White Rice Mixed Vegetables Harvest Nuts Brownies Tea/Milk	Pineapple Ham Steaks Red Skin Mashed Pot Green Beans & Corn Chex Mix Fresh Fruit Tea/Milk	CLOSED FOR THANKSGIVING DAY	CLOSED FOR THANSKIVING DAY