

June 2024

Ector Co.Eld. Nutrition
1225 N. Adams-Odessa
(432)333-6791

Due to availability of food, menu is subject to change

Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

\$3.00 Suggested
Meal Donation

SUMMIT -Meal Provider

Monday	Tuesday	Wednesday	Thursday	Friday
3 Salisbury Steak w BG Mashed Potatoes Peas & Carrots Yogurt Fruit Tea/Milk	4 Grilled Chicken White Rice Okra & Tomatoes Cake Rice Crispy Tea/Milk	5 Cheese Burger Pasta Salad Lettuce & Tomatoes Pudding Muffin Tea/Milk	6 Italian Beef Goulash Dinner Roll Green Beans & Corn String Cheese Granola Bar Tea/Milk	7 Teriyaki Chicken Vegetable White Rice Broccoli & Carrots Apple Sauce Jello Tea/Milk
10 Meatloaf With Tomato Sauce Potato Salad Green Beans Fruit Cup Pie Tea/Milk	11 Chicken Nuggets Mac & Cheese 5 Way Mixed Veggies Cheeze Its Cookie Tea/Milk	12 Grilled Chicken Parm Italian Pasta Salad Broccoli Florets String Cheese Cake Tea/Milk	13 Beef Pepper Steak White Rice CA Mixed Vegetables Fruit Cake Tea/Milk	14 BBQ Chicken Breast Mashed Potatoes Okra & Tomatoes Granola Bar Brownie Tea/Milk
17 Beef Chopped Steak Red Skin Mashed Potatoes Broccoli Florets Fruit Cake Tea/Milk	18 Chicken & Mushroom Maccaroni Salad 5 Way Mixed Veggies Granola Bar Pie Tea/Milk	19 Sliced Beef Brisket SW Pinto Beans Green Beans Yogurt Cookie Tea/Milk	20 Green Chili Pulled Pork Black Beans Coleslaw Brownie Pudding Tea/Milk	21 Chicken Alfredo Italian Pasta Salad CA Mixed Vegetables String Cheese Cake Tea/Milk
24 Chicken Vera Cruz Spanish Rice Broccoli & Carrots Apple Sauce Cake Tea/Milk	25 Teriyaki Meatballs White Rice Mixed Vegetables Fruit Cup Cookie Tea/Milk	26 Grilled Chcken Burger Bean Medley Lettuce & Tomates Chips Jello Tea/Milk	27 Ground Beef & Potato Pinto Beans Green Cabbage Cheese Its Oreo Cookie Tea/Milk	28 Beef Fajitas Spanish Rice Refried Beans Flour Tortilla Cake Tea/Milk