

April 2024

Ector Co.Eld. Nutrition
1225 N. Adams-Odessa
(432)333-6791

Due to availability of food, menu is subject to change

Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

\$3.00 Suggested
Meal Donation

SUMMIT -Meal Provider

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Sliced Ham Steaks Mashed Potatoes Green Beans & Corn Granola Bar Fruit Tea/Milk	Fried Catfish Corn & Carrots Broccoli Florets Cake Jello Tea/Milk	Beef Stew w/Potatoes Carrots Green Beans Brownie Applesauce Tea/Milk	Grilled Chicken Parm Italian Pasta Salad CA Mixed Vegetables Cake Cheeze-Its Tea/Milk	Beef Tenderloin Steak Red Skin Mashed Pot Italian Cut Grn Beans Rice Krispy French Toast cookies Tea/Milk
8	9	10	11	12
Honey Dijon Chicken Wild Rice CA Mixed Vegetables Juice Cup Pudding Tea/Milk	Smothered Beef Steak Mashed Potatoes Broccoli Florets Oreo Cookies Fruit Tea/Milk	BBQ Chicken Breast Scalloped Potatoes Green Beans Yogurt Cake Tea/Milk	CK/Sausage Gumbo White Rice Okra & Tomatoes Cheeze Its Fruit Salad Tea/Milk	Italian Beef Goulash Dinner Roll 5-way Mixed Veggies Applesauce Cake
15	16	17	18	19
Chopped Steak Au'Jus Red Skin Mashed Pot Brussels Sprouts Oatmeal Pies Yogurt Tea/Milk	Chicken Nuggets Mac & Cheese Green Beans & Corn Gandmas Cookie Jello Tea/Milk	Sliced Beef Brisket Potato Salad Mixed Vegetables Fruit Brownie Tea/Milk	Grilled Chicken Bruger Italian Pasta Salad Lettuce & Tomatoes Applesauce Cake Tea/Milk	Meatloaf Marinara Mashed Potatoes Peas & Carrots Cheese Sticks Fruit Tea/Milk
22	23	24	25	26
Chicken Fajitas Spanish Rice Green Chili Corn/Tom Tortillas Cake Tea/Milk	Sausage Links (2) Mashed Potatoes Bacon Cabbage Yogurt Cup Grandma Vanilla Cookie Tea/Milk	Bacon Cheeseburgers Maccaroni Salad Lettuce & Tomatoes Cheeze Its Fruit Cup Tea/Milk	Beef Stew & Potatoes Mac & Cheese 5 Way Mixed Veggies Fruit Pudding Tea/Milk	Chicken Teriyaki Fried Rice Asian Vegetables Muffins Jello Tea/Milk
29	30			
Beef Pepper Steak White Rice Mixed Vegetables Fruit Brownie Tea/Milk	Fried Catfish Corn & Carrots Broccoli Florets Applesauce Cake			Note: Tea, Low Fat Milk, & Bread will be provided with every Meal