

February 2024


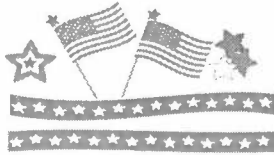
Ector Co.Eld. Nutrition
1225 N. Adams-Odessa
(432)333-6791

Due to availability of food, menu is subject to change

Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

SUMMIT -Meal Provider

\$3.00 Suggested
Meal Donation

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Meatloaf w/Tomato Loaded Mashed Pot 5-way Mixed Veggies Granola Bars Muffin Tea/Milk	2 Honey Dijon Chicken Wild Rice Broccoli Florets Jello Cup G-Mas Vanilla Cookies Tea/Milk
5	6	7	8	9
BBQ Sausage Links 2 Potato Salad Bacon & Cabbage Cereal Box/Bowl Oreo Cookies Tea/Milk	Smothered Chicken Mashed Potatoes Mixed Vegetables Oatmeal Pies Fresh Fruit Tea/Milk	Pineapple Chicken White Rice Broccoli & Carrots Cereal Box/Bowl G-Mas Choc Chip Tea/Milk	Beef Soft Tacos Spanish Rice Refried Beans Flour Tortillas Muffin Tea/Milk	Swedish Meatballs Italian Pasta Salad Peas & Carrots Cereal Box/Bowl Fresh Fruit Tea/Milk
12	13	14	15	16
Chicken Nuggets Mac & Cheese Green Beans Cereal Box/Bowl Regular Pudding Cup Tea/Milk	Spaghetti / Meatsauce Rotini Pasta CA Mixed Vegetables Oatmeal Pies G-Mas Vanilla Cookie Tea/Milk	Sliced Turkey Breast Loaded Mashed Pot Green Bean Casserole Cereal Box/Bowl Apple Sauce Cups Tea/Milk 	Fried Shrimp Macaroni Salad Italian Green Beans Granola Bars Fresh Fruit Tea/Milk	Beef Pepper Steak White Rice Fried Okra Cereal Box/Bowl Tea/Milk
19	20	21	22	23
CLOSED FOR PRESIDENTS DAY! 	Pork Asado (MILD) Spanish Rice Pinto Beans Flour Tortillas G-Mas Brownie Tea/Milk	Bacon Cheese Burger Potato Salad Lettuce & Tomatoes Chips/Buns Fresh Fruit Tea/Milk	Sliced Ham w/glaze Potato Wedges Green Beans Granola Bars Muffins Tea/Milk	Grilled Chicken Parm. Pasta Salad Broccoli Florets Cereal Box/Bowl Regular Pudding Cup Tea/Milk
26	27	28	29	
BBQ Chicken Breast Pinto Beans Coleslaw Cereal Box/Bowl Fresh Fruit Tea/Milk	Fried Catfish Potato Salad Peas & Carrots Oatmeal Pies G-Mas Choc Chip Tea/Milk	Smothered Beef Steak Loaded Mashed Pot Broccoli Florets Cereal Box/Bowl Regular Pudding Cup Tea/Milk	Chicken Breast/ Dumpling Mini Bakers 5-way Mixed Veggies Granola Bars Muffins Tea/Milk	Note: Tea & Milk will be provided with every meal