

April 2026

Ector Co.Eld. Nutrition
1225 N. Adams-Odesa
(432)337-5281

Due to availability of food, menu is subject to change
Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

\$3.00 Suggested
Meal Donation

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
Note: Tea, Low Fat Milk, & Bread will be provided with every Meal		Meatloaf/Marinara Mashed Potatoes 5 Way Mixed Veggies Scooby Snack Pudding Tea/Milk	Sliced Beef Brisket Dinner Roll String Green Beans Diced Pears Cookie Tea/Milk	CLOSED FOR GOOD FRIDAY HAPPY EASTER 
6	7	8	9	10
Italian Chicken Breast Vegetable Rice Italian Green Beans Muffins Pudding Tea/Milk	Salisbury Steaks Scalloped Potatoes Broccoli & Carrots Apple sauce Oreo Tea/Milk	Beef Chopped Steak Mashed Potatoes 5 Way Mixed Veggies Jello Cake Tea/Milk	Jamaican Chicken Cheesy Potatoes Green Beans / Tomato String Cheese Pudding Tea/Milk	Teriyaki Meatballs White Rice Prince WM Veggies Fruit Cup Pie Tea/Milk
13	14	15	16	17
Honey Dijon Chicken Wild Rice CA Mixed Vegetables Yogurt Grandma Cookie Tea/Milk	Chicken Fajitas Spanish Rice Refried Beans Applesauce Rice Krispy Tea/Milk	Meatloaf with Brown Gravy Au'Gratin Potatoes Green Beans Peanut Butter Cookie Jello Tea/Milk	Cheesy Chicken Brst Red Skin Mashed Pot Sugar Snap Peas Cheez its Pudding tea/Milk	Beef & Peppers/Onions White Rice Broccoli & Carrots Harvest nuts Cake Tea/Milk
20	21	22	23	24
Texas Chili W/Beans Dinner Roll String Green Beans Fruit Cup Pie Tea/Milk	Chicken & Mushrooms Scalloped Potatoes 5 Way Mixed Veggies Applesauce Lemon Square Tea/Milk	Cheeseburger Baked Beans Buttered Corn Yogurt Cake Tea/Milk	Chicken & Sausage White Rice Okra & Tomatoes Muffins Pudding Tea/Milk	Sliced Beef Brisket Rice Pilaf Green Cabbage Jello Cookie Tea/Milk
27	28	29	30	
BBQ Chicken Breast Mac & Cheese Corn & Green Beans Salty Snack Oreos Tea/Milk	General Tso's Meatball White Rice CA Mixed Veggies Nutri Grain Bar Brownie Tea/Milk	Italian Beef Goulash Dinner Rolls 5 Way Mixed Veggies Gardettos Cake Tea/Milk	Green Chili Pork Stew Rice Pilaf Corn & Pepeprs Yogurt Muffins Tea/Milk	MAY 1st Chicken Vera Cruz Spanish Rice Refried Beans