

March 2026

Ector Co.Eld. Nutrition
1225 N. Adams-Odesa
(432)337-5281

Due to availability of food, menu is subject to change

Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

\$3.00 Suggested
Meal Donation

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
BBQ Chicken Breast Mac & Cheese Corn & Green Beans Cinnamon Bites Apple Pie Tea/Milk	General Tso's Meatball White Rice CA Mixed Vegetables Peaches Cookie Tea/Milk	Italian Beef Goulash Mashed Potatoes 5 Way Mixed Veggies Muffins Cake Tea/ Milk	Green Chili Pork Stew Dinner Roll Corn & Peppers Yogurt Lemon Pie Tea/Milk	Cheese Enchiladas Chips & Salsa Salad String Cheese Dessert Bar Tea/Milk
9	10	11	12	13
Honey Dijon Chicken Wild Rice CA Mixed Vegetables Cheez Its Cake Tea/Milk	Chicken Fajitas Spanish Rice Refried Beans Jello Cookie Tea/Milk	Salisbury Steaks Au'Gratin Potatoes Green Beans Yogurt Rice Krispy Tea/Milk	Cheesy Chicken Brst Red Skin Mashed Pot Sugar Snap Peas Gordettos Pudding Tea/Milk	BBQ Beef & Potatoes White Rice Broccoli & Carrots Fruit Cup Pie Tea/Milk
16	17	18	19	20
Sweet N Sour Chicken Wild Rice CA Mixed Vegetables Apple Sauce Brownie Tea/Milk	Beef Fajitas Spanish Rice Refried Beans Granola Bar Jello Tea/Milk 	Meatloaf-Brown Gravy Baked Beans 5 Way Mixed Veggies Salty Snack Cake Tea/Milk	Southwest Chicken Red Skin Mashed Pot Sugar Snap Peas Muffins Pie Tea/Milk	Chopped Steak Brown Gravy White Rice Broccoli & Carrots Nutri Grain Bar Ice cream Tea/Milk
23	24	25	26	27
Swedish Meatballs Red Skin Mashed Pot Italian Green Beans Fruit Cup Rice Krispy Tea/Milk	Chicken Alfredo Vegetable Rice Broccoli & Carrots Yogurt Cookie Tea/Milk	Salisbury Steaks Mashed Potatoes 5 Way Mixed Veggies Granola Bar Cake Tea/Milk	Sliced Sausage P & O Black Beans & Pico Green Bean & Tomato Cheez Its Lemon Square Tea/Milk	Teriyaki Chicken White Rice Prince WM Veggies Fresh Fruit Pie Tea/Milk
30	31			
BBQ Beef Patty Mac & Cheese Corn & Greeb Beans Gardettos Cake Tea/Milk	Orange Beef White Rice CA Mixed Vegetables Apple Sauce Pie Tea/Milk	APRIL 1ST Meatloaf/Marinara Mashed Potatoes 5 Way Mixed Veggies Harvest Nuts Jello Tea/Milk	APRIL 2ND Sliced Beef Brisket Black Eyed Peas String Green Beans Yogurt Oreo Cookie Tea/Milk	APRIL 3RD Grilled Chicken Scalloped Potatoes 5 Way Mixed Veggies Granola Bar Pudding Tea/Milk