

December 2025

Ector Co.Eld. Nutrition
1225 N. Adams-Odesa
(432)337-5281

Due to availability of food, menu is subject to change

Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

\$3.00 Suggested
Meal Donation

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
BBQ Beef Patty Mac & Cheese Corn & Green Beans Salty Snack Lemon Pie Tea/Milk	Sweet n Sour Chicken White Rice CA Mixed Veggies Granola Bar Fruit Cup Tea/Milk	Sliced Turkey FOS Cornbread Dressing Green Beans Peanut Butter Cake Tea/Milk	Meatloaf Brown Gravy Baked Beans 5 Way Mixed Veggies Jello Oreos Tea/Milk	Texas Chili W/Beans Dinner Rolls Peas & Carrots Crackers Rice Krispy Tea/Milk
8	9	10	11	12
Swedish Meatballs Red Skin Mashed Pot Italian Green Beans Harvest Nuts Cake Tea/Milk	Chicken Alfredo Vegetable Rice Broccoli & Carrots String Cheese Pie Tea/Milk	Salisbury Steaks Mashed Potatoes 5 Way Mixed Veggies Cookie Jello Tea/Milk	Sliced Sausage P & O Black Beans & Pico Green Bean & Tomato Chips Pudding Tea/Milk	Teriyaki Chicken White Rice Prince WM Vegetables Yogurt Cake Tea/Milk
15	16	17	18	19
Sweet N Sour Chicken Wild Rice CA Mixed Vegetables Muffin Sherbet Tea/Milk	Beef Fajitas Spanish Rice Refried Beans Granola Bar Pie tea/Milk	Italian Goulash White Hominy Green Beans Apple Sauce Cake Tea/Milk	Southwest Chicken Red Skin Mashed Pot Sugar Snap Peas Fresh Fruit Brownie Tea/Milk	Chopped Steak Brown Gravy White Rice Broccoli & Carrots Cheez Its Oreo Cookie Tea/Milk
22	23	24	25	26
Sliced Beef Brisket Black Eyed Peas String Green Beans Oatmeal Pie Lemon Square Tea/Milk	Grilled Chicken Scalloped Potatoes 5 Way Mixed Veggies Cookie Jello Tea/Milk	CLOSED FOR CHRISTMAS 	CLOSED FOR CHRISTMAS 	CLOSED FOR CHRISTMAS 
29	30	31		
BBQ Beef Patty Mac & Cheese Corn & Green Beans Chex Mix Cake Tea/Milk	Orange Beef White Rice CA Mixed Vegetables Fruit Cup Brownie Tea/Milk	Meatloaf/Marinara Mashed Potatoes 5 Way Mixed Veggies Gardettos Icecream Tea/Milk		