

November 2025

Ector Co.Eld. Nutrition
1225 N. Adams-Odesa
(432)337-5281

Due to availability of food, menu is subject to change
Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

\$3.00 Suggested
Meal Donation

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Beef Chopped Steak Scalloped Potatoes Green Beans Salty Snack Cake Tea/Milk	Honey Dijon Chicken Wild Rice CA Mixed Vegetables Jello Cookie Tea/Milk	BBQ Beef Strips Mashed Potatoes Peas & Carrots Pudding Rice Krispy Tea/Milk	Chicken Fried Steak Mashed Potatoes Green Beans Salad Rolls Tea/Milk	CKK & Sausage Gumbo White Rice Okra & Tomatoes Fruit Cup Pie Tea/Milk
10	11	12	13	14
Cheese Burger Fries Apple Sauce Brownie Tea/Milk	CLOSED VETERANS DAY 	Meatloaf / Marinara Mashed Potatoes 5 Way Mixed Veggies Fresh Fruit Cookie Tea/Milk	Southwest Chicken Black Beans & Pico Green Bean & Tomato Granola Pie Tea/Milk	Beef Pepper Steak White Rice Prince WM Veggies Salty Snack Cake Tea/Milk
17	18	19	20	21
Chicken Alfredo Wild Rice CA Mixed Vegetables String Cheese Cake Tea/Milk	Beef Tips Spanish Rice Refried Beans Fruit Cup Cookie Tea/Milk	Italian Goulash White Hominy Green Beans Gardettos Pie Tea/Milk	Salisbury Steaks Red Skin Mashed Pot Suga Snap Peas Harvest Nuts Jello Tea/Milk	Gen Tso's Grilled CK White Rice Broccoli & Carrots Granola Bar Oreo Cookie Tea/Milk
24	25	26	27	28
Sliced Beef Brisket Black Eyed Peas String Green Beans Yogurt Muffin Tea/Milk	Sliced Ham Steak Scalloped Potatoes 5 Way Mixed Veggies Peanut Butter Cracker Cake Tea/Milk	Sliced Turkey Mashed Potatoes Gravy Cranberry Sauce Green Beans Pumpkin Pie Cornbread Dressing Tea/Milk	CLOSED HAPPY THANKSGIVING DAY 	CLOSED HAPPY THANKSGIVING DAY
DECEMBER 1ST	DECEMBER 2ND	DECEMBER 3RD	DECEMBER 4TH	DECEMBER 5TH
BBQ Beef Patty Mac & Cheese Corn & Green Beans	Sweet n Sour Chicken White Rice CA Mixed Vegetables	Sliced Turkey FOS Cornbread Dressing Green Beans Yams	Meatloaf Brown Gravy Baked Beans 5 Way Mixed Veggies	Texas Chili W/ Beans Dinner Rolls Peas & Carrots