

February 2024


Ector Co.Eld. Nutrition
1225 N. Adams-Odessa
(432)333-6791

Due to availability of food, menu is subject to change

Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

SUMMIT -Meal Provider

\$3.00 Suggested
Meal Donation

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Meatloaf w/Tomato Loaded Mashed Pot 5-way Mixed Veggies Granola Bars Muffin Tea/Milk	2 Honey Dijon Chicken Wild Rice Broccoli Florets Jello Cup G-Mas Vanilla Cookies Tea/Milk
5 BBQJ Sausage Links 2 Potato Salad Bacon & Cabbage Cereal Box/Bowl Oreo Cookies Tea/Milk	6 Smothered Chicken Mashed Potatoes Mixed Vegetables Oatmeal Pies Fresh Fruit Tea/Milk	7 Pineapple Chicken White Rice Broccoli & Carrots Cereal Box/Bowl G-Mas Choc Chip Tea/Milk	8 Beef Soft Tacos Spanish Rice Refried Beans Flour Tortillas Muffin Tea/Milk	9 Swedish Meatballs Italian Pasta Salad Peas & Carrots Cereal Box/Bowl Fresh Fruit Tea/Milk
12 Chicken Nuggets Mac & Cheese Green Beans Cereal Box/Bowl Regular Pudding Cup Tea/Milk	13 Spaghetti / Meatsauce Rotini Pasta CA Mixed Vegetables Oatmeal Pies G-Mas Vanilla Cookie Tea/Milk	14 Sliced Turkey Breast Loaded Mashed Pot Green Bean Casserole Cereal Box/Bowl Apple Sauce Cups Tea/Milk 	15 Fried Shrimp Macaroni Salad Italian Green Beans Granola Bars Fresh Fruit Tea/Milk	16 Beef Pepper Steak White Rice Fried Okra Cereal Box/Bowl Tea/Milk
19 CLOSED FOR PRESIDENTS DAY! 	20 Pork Asado (MILD) Spanish Rice Pinto Beans Flour Tortillas G-Mas Brownie Tea/Milk	21 Bacon Cheese Burger Potato Salad Lettuce & Tomatoes Chips/Buns Fresh Fruit Tea/Milk	22 Sliced Ham w/glaze Potato Wedges Green Beans Granola Bars Muffins Tea/Milk	23 Grilled Chicken Parm. Pasta Salad Broccoli Florets Cereal Box/Bowl Regular Pudding Cup Tea/Milk
26 BBQ Chicken Breast Pinto Beans Coleslaw Cereal Box/Bowl Fresh Fruit Tea/Milk	27 Fried Catfish Potato Salad Peas & Carrots Oatmeal Pies G-Mas Choc Chip Tea/Milk	28 Smothered Beef Steak Loaded Mashed Pot Broccoli Florets Cereal Box/Bowl Regular Pudding Cup Tea/Milk	29 Chicken Breast/ Dumpling Mini Bakers 5-way Mixed Veggies Granola Bars Muffins Tea/Milk	Note: Tea & Milk will be provided with every meal