

Media Release

Coronavirus (COVID19)

March 18, 2020

Officials from Lampasas County, City of Lampasas, City of Lometa, City of Kempner, Lampasas ISD and Lometa ISD are meeting regularly to stay current on issues relating to Coronavirus (COVID19). Leadership from these governmental entities are offering the following information to the public.

As of today, Wednesday, March 18, 2020 at 9:00am, there are no confirmed cases of COVID19 in Lampasas County. We do believe inevitably that situation will change. We are urging residents to follow the recommendations provided by the Center for Disease Control (CDC) with regard to mitigation of the COVID19 virus.

The CDC recommends you do the following:

- Cover your mouth and nose with your sleeve or elbow when you cough or sneeze.
- Clean and wash your hands often, especially after you have been in a public place, or after blowing your nose, coughing, or sneezing or before eating.
- If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people, especially those who are sick.
- Put distance between yourself and other people. "Social Distancing" is recommended to be a minimum of six feet apart from one another.
- Stay home and limit unnecessary travel.
- If you are feeling sick or ill, stay home and consult with your local medical provider via telephone.
- Clean and disinfect frequently touched surfaces daily.

Additionally, CDC recently revised their stance on mass or large gatherings. Following the White House initiative, 15 DAYS TO SLOW THE SPREAD, CDC recommends that for the next 15 days (March 16-31, 2020), individuals, organizations and private groups should cancel or postpone in-person events that consist of 10 people or more throughout the United States.

At this time there is no vaccine to prevent COVID19. The best way to prevent the illness is to avoid being exposed to the virus. The virus is thought to spread mainly from person-to-person, through respiratory droplets produced when an infected person coughs or sneezes. Individuals over the age of 60 and those with health-related issues are more susceptible to the virus and must take additional measures to be safe.

Your local government and school officials will continue to monitor the situation and is contact with federal and state officials for situational awareness and direction.