

Are you a woman who served in the military?



Has adjusting to civilian life been challenging?

If **YES**, you may be eligible to participate in our Supportive Outreach and Reintegration (SOAR) project.

The goals of SOAR are to:

- 1) better understand the needs and experiences of former female servicemembers; and
- 2) offer a 1-day skills-based workshop on ways to adjust to post-military challenges.

Compensation is provided for participating.

Call Alicia Mark at (559) 640-7644 for more information.

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