

NON-TEST-BASED STRATEGY FOR RELEASING CASES AND CONTACTS FROM HOME ISOLATION AND QUARANTINE

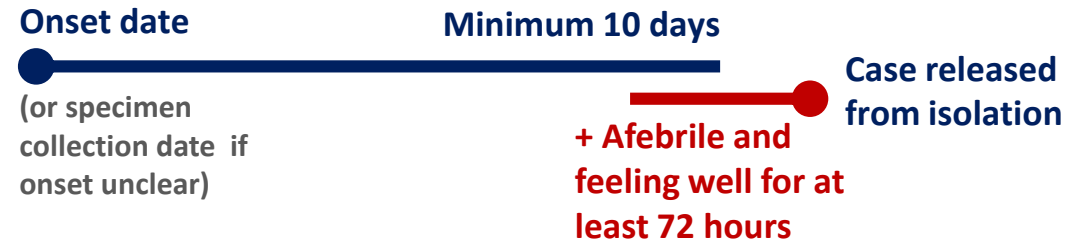
Adapted from the Tennessee Department of Health

CASES

Must be isolated for a minimum of 10 days after symptom onset and can be released after afebrile (without the use of fever reducing medications) and feeling well for at least 72 hours.

Examples:

- A case that is well on day 2 and afebrile and feeling well for 72 hours must remain isolated until day 10.
- A case that is well on day 4 and afebrile and feeling well for 72 hours can be released on day 10.
- A case that is well on day 7 and afebrile and feeling well for 72 hours can be released on day 10.



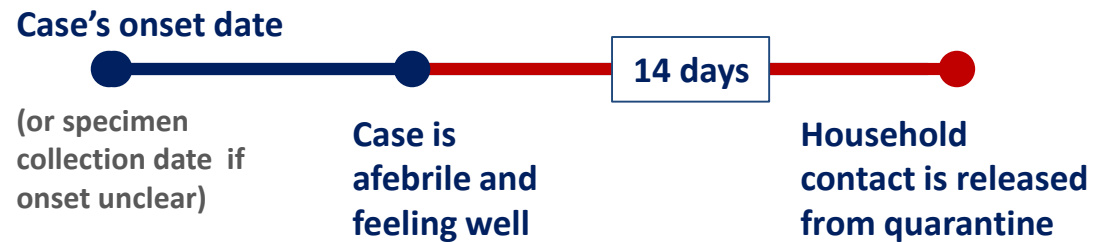
HOUSEHOLD CONTACTS

Must be quarantined for 14 days after the case has been afebrile (without the use of fever reducing medications) and feeling well.

This means that household contacts may need to remain at home longer than the initial case.

Examples:

- A case is well 3 days after onset. The household contact must remain quarantined until day 17.
- A case is well 7 days after onset. The household contact can be released on day 21.
- A case is well 14 days after onset. The household contact can be released on day 28.



If a household contact develops symptoms, they should self-isolate and use follow instructions above for "cases."

NON-HOUSEHOLD CONTACTS

Must be quarantined for 14 days from the date of last contact with the case.

